

Perfect Worker

**We asked 33 women with intellectual disability
for a description of the perfect worker.
Here's what they said:**

Makes clients feel safe
by explaining their role
and confidentiality
limitations

Has a cup of tea with clients

Is a human before a worker

Has had training delivered by
people with disability about
domestic violence, sexual
violence, intellectual disability
and dual disability

Checks they understand
what the client is saying

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what they are saying

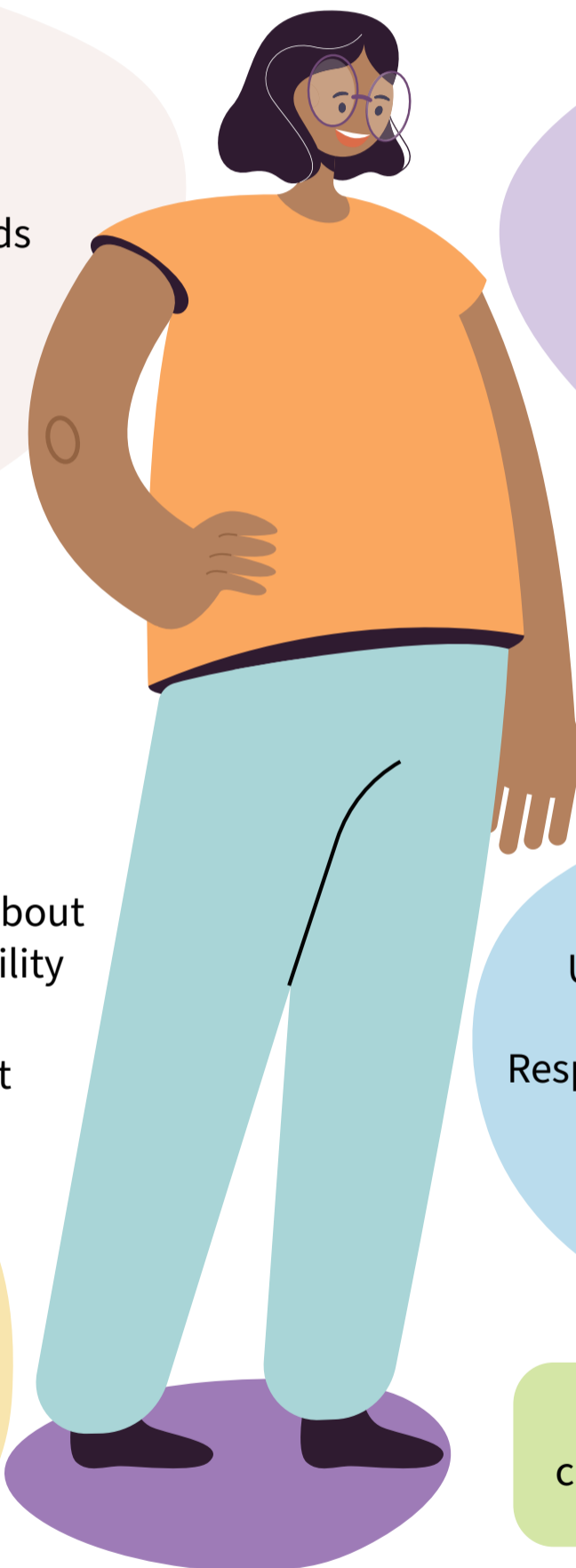
Shows an interest in clients

Helps people with intellectual
disability speak for themselves
and make their own decisions

Doesn't make assumptions about
clients based on their disability

Knows their client is the expert
in their own life

Shares what they have in
common with their clients,
including any of their own
lived experience in a safe,
helpful and skilled way



Takes their time by having
longer appointments or
meeting more regularly

Treats people with
intellectual disability
as adults

Uses a variety of tools to
communicate; like drawing,
pictures, diagrams,
activities and games

Flexible

Uses easy words

Patient

Respectful

Listens deeply

Caring and kind

Non-judgemental

Keeps clients updated by telling
clients what they are doing and why

'Client' in this document means any person with an intellectual disability who you work with or provide support to. You might call them a service-user, a participant, a consumer, a patient, a witness to a crime.

Created by WWILD Sexual Violence Prevention Association Inc. based on consultations with 33 women with intellectual disability.



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Australian Government
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